

Parfaire

laser & skin clinic



Our Philosophy

The English translation of Parfaire is “too perfect”. Here at Parfaire Laser and Skin Clinic we have been perfecting skin since 2006 and are specialists in advanced skincare and laser treatments. We deliver results driven treatments and only use the leading technologies available that are proven to deliver visible results. We offer free consultations with our friendly and highly experienced staff in a spa like atmosphere and have payment plans available on request.



Medical Microdermabrasion

Skin conditions treated by medical microdermabrasion

- Fine lines and wrinkles
- Spots and blackheads
- Acne
- Scarring
- Sun damage



Medical Microdermabrasion x 1 x 3 x 6

A deep cleansing and exfoliating treatment that helps boost collagen resulting in a healthier and firmer appearance.

£65 £150 £250

This treatment is non-invasive, pain free and requires no downtime



Skin Resurfacers

Skin conditions treated by skin resurfacers

- Fine lines and wrinkles
- Mature/ Dull skin
- Sun damage
- Dry/Dehydrated
- Scarring
- Pigmentation
- Malasma
- Dry/Dehydrated
- Acne
- Rosacea

Skin resurfacers remove the damaged outer layers of skin encouraging skin turnover and the production of new cells, allowing healthier more youthful cells to advance to the surface, giving your skin a fresh rejuvenated look. This treatment is non-invasive, pain free and requires no downtime. A course of 3-6 treatments and home care are recommended for optimum results.

Buy a course of 3 receive a FREE cleanser or buy a course of 6 receive a full skincare kit for FREE.

Single Treatment	£80
Course of 3	£220
Course of 6	£420

Cherry Brightening Peel

The perfect treatment for dry, mature, dehydrated, acneic and hyper pigmented skin. This powerful resurfacer contains a fantastic blend of 5 acids plus antioxidants to leave your skin smooth and glowing.

Lactic Pigment Refine

Restore stressed skin back to its radiant complexion. The Lactic acid in this resurfacer helps combat pigmented, dehydrated and sun damaged skin.

Power Peptide Resurfacer

Restore dull lifeless skin back to a more youthful complexion. Using glycolic acid, lactic acid and peptides to stimulate the production of collagen.

Glycolic Acid Resurfacer, Levels I and II

These deeply exfoliating treatments are the answer to ageing skin. It uses a unique blend of anti-ageing ingredients to help retexture damaged skin and help eliminate fine lines and wrinkles by stimulating collagen production and even skin tone.

Primary/ Power Pumpkin

This antioxidant rich resurfacer rejuvenates the skin helping to reduce the signs of ageing while also improving acne concerns, enlarged pores and uneven skin tone and texture.

Acne Control

Using glycolic acid, lactic acid, salicylic acid and pumpkin pulp to help prevent acne breakouts, enlarged pores, uneven skin tone and texture giving you a clearer more radiant complexion.



Skin Peels

Skin peels otherwise known as chemical peels are similar to skin resurfacers but may require down time of about 2 weeks as tightening and peeling are possible side effects of these peels. A course of three is recommended for best results.

Because of the high percentage of ingredients these peels require skin preparation and home care, you get this FREE if you take up a course.

TCA Age Repair

Containing 7%TCA and 2% salicylic acid this is a fantastic skin revival and corrective peel. It reduces fine lines and wrinkles, evens skin tone, lightens pigmentation while creating a smoother, softer more rejuvenated appearance to the skin

x 1 x 3

£150 £400

Salicylic Acne Clearing

With a high percentage of Salicylic acid this peel is great at passing through oil often found in follicles of acneic skin. It will improve active acne and breakouts while leaving your skin smooth and soft.

£90 £320



This is a before and immediately after 1 session of the Salicylic Acne Clearing Peel. As you can see the salicylic leaves a white powdery coating which dries out active breakouts almost immediately.

Modified Jessner

Designed for acneic and oily skin conditions, scarring and poor hydration. This peel has anti-inflammatory and antibacterial properties resulting in a clean and clear complexion.

x 1 x 3

£140 £380

Hibiscus Mandelic Peel

A unique treatment to target hyperpigmentation featuring a specialised blend of hibiscus AHA, Mandelic Acid and Azelaic acid to deeply exfoliate and brighten undesired pigmentation

£150 £400

C Infusion Peel

This peel works to preserve skin cells through the most powerful botanical antioxidants. Will brighten hyperpigmentation and leave skin smooth and hydrated.

£140 £400

SkinBrite Peel

This lightens and brightens the skin evening out skin tone. Great for sun damage and age spots this is also the only effective treatment for hormonal pigmentation.

£120 £330



This is before and after a course of 3 SkinBrite peels

A close-up, high-quality photograph of a man's face, showing his eyes, nose, and mouth. He has light skin, blue eyes, and a slight stubble. The image is positioned on the left side of the page, partially cut off by the edge.

Advanced Facials

Advanced Facials are a brilliant introduction to cosmeceuticle products such as Dermaquest and to more advanced skin treatments. Although these treatments are results driven they are pampering and relaxing. After a skin assessment we prescribe the best products and treatments to use within this facial to address a wide range of skin concerns including acne and breakouts, anti-ageing, brightening, pigmentation, dry and dehydrated skin and open pores

Single Treatment

1 hour £65

30 mins £35

Course of 3

1 hour £150

30 mins £100

Course of 6

1 hour £250

30 mins £190

Retinol Youth Facial

30 mins £45

This powerful express treatment uses 4% retinol to give you an instant wow factor. Retinol is clinically proven to reduce fine lines and wrinkles, shrink pores, prevent breakouts and diminish blackheads.

Firming Enzyme Treatment

30 mins £35

This enzyme mask containing peptides offers an instant visible lift to the skin, improving the appearance of fine lines by firming and tightening the skin. Why not add it to another treatment for the added wow factor?

Parfaire Signature Facial

1 hour 30 mins £150

An indulgent wow facial that evens skin tone, tightens skin and minimises fine lines and wrinkles leaving your skin glowing. This treatment includes a resurfacer to give your skin a glow, followed by Sublime RF skin tightening on the lower face and finish with mesotherapy around the lips and eyes to diminish fine lines.

Sublime Skin Tightening

Sublime Skin tightening/ contouring treatment will reverse the signs of aging without downtime and will provide an overall more youthful appearance. The Sublime from Syneron combines infrared light (700-2000nm) with bipolar conducted radiofrequency. The combination of light energy and radiofrequency energy is used to deeply heat layers of the skin while protecting the surface of the skin simultaneously. Medium to deep heating of the skin activates fibroblasts signaling new collagen to form and existing collagen to tighten. This will cause immediate collagen contraction as well as new collagen production which will occur over a 4-6 month period. The areas most often treated are the eyes, brow lines, cheeks, jawline and neck.

What to expect from this treatment

Sublime is a gentle, comfortable treatment requiring no downtime. During treatment a warm sensation can be felt.

When can you expect to see results?

Most patients see gradual and cumulative results throughout their sublime treatment course. The total number of required treatments depends on your skin condition but we generally recommend a course of 6 treatments spaced 2 weeks apart.

Can the Sublime treatment be combined with other treatments?

Yes at Parfaire treatments are often combined to produce optimal results. The eTwo treatment combines Sublative Rejuvenation (see previous page) and Sublime Skin tightening treatments. Results are optimal one to three months after the final treatment. The combo eTwo treatment is excellent for skin of any color and has little down time or disruption of daily activities. Discomfort is minimal. The two treatments together yield an improved skin surface regularity as well as firming and tightening.



Sublime Skin Tightening	x1 £120	x6 £600
Sublime + Sublative Full Face	x1 £350	x3 £650

Sublative Skin Rejuvenation

Sublative Skin Rejuvenation or otherwise known as Skin Resurfacing is the next generation of safe and effective rejuvenation technology and is designed to dramatically improve the quality, appearance and texture of aging skin, acne scarring, open pores and stretch marks without a needle or a knife with minimal to no downtime.

How does it work?

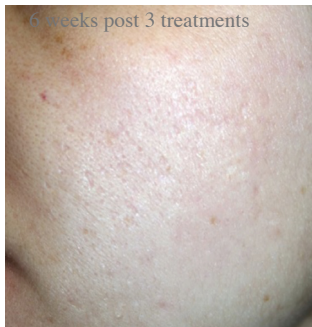
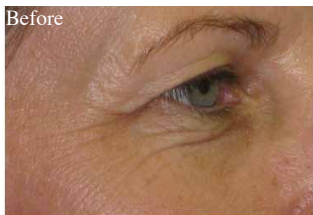
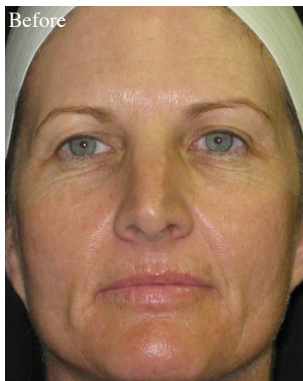
It uses fractional bi-polar Radio Frequency to penetrate the deep layers of the skin creating dermal heating to stimulate collagen. Unlike many other similar treatments such as Fraxel or CO2 that are more aggressive, the RF energy is delivered to the skin using Sublative technology which precisely directs RF energy in to the skin in the form of a matrix (looks like small pin holes). Healthy skin around the dots accelerates the healing process of the skin meaning it has minimal disruption to the surface of the skin with a high dermal impact into the deeper layers of the skin to promote collagen and stimulate cell re-growth, essentially, this treatment works from the inside out and reduces the downtime and discomfort of the more aggressive laser resurfacing treatments while delivering similar results.

What skin concerns and areas can be treated?

This technology is safe for use on virtually all skin types. It has been shown to effectively treat mild to moderate wrinkles, red and brown spots, textural irregularities, acne scarring, loss of radiance, lax skin, stretch marks and enlarged/ open pores. Because this treatment uses Bi-polar Radio Frequency apposed to laser, this treatment can be carried out on the delicate eye area, smoothing wrinkles and creating a lifting effect opening up the eye area. It can also be used on the face, neck, décolletage and back while also treating stretch marks on the abdomen, arms and legs.

What to expect from this treatment

Treatment is quick and generally takes between 30 - 60 minutes. Most patients have redness for a few hours to 3 days after the treatment. You may apply make-up to the treated area immediately after the Sublative rejuvenation procedure. Tiny crusts develop and are present for about 5-7 days, but these are easy to camouflage with makeup. Results will develop over time and with subsequent treatments. We recommend a course of 3-5 sessions (depending on skin condition treated) 4-6 weeks apart. Full results can be appreciated at three to six months following the last treatment.



Free sublimine skin tightening (see next page for treatment info) when you book a course of x3 sublative facial treatments

	X1	X3
Sublative Eye Treatment	£180	£400
Sublative Full Face	£300	£650
Sublative Full Face and Neck	£400	£900
Sublative Acne Treatment	from £300	
Sublative Stretch Marks	from £300	



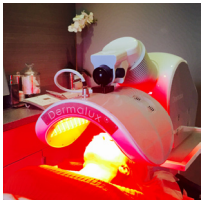
Dermalux LED Light Therapy

Skin conditions treated by Light Therapy

- Fine lines and wrinkles
- Pigmentation
- sun damage
- burns
- bruising
- Dehydrated
- Dermatitis
- Sensitive Skin
- Acne and breakouts
- Rosacea
- Eczema
- Psoriasis
- Post treatment healing
- Post surgery healing

LED therapy uses colour wavelengths of visible light which have specific rejuvenating benefits within the skin. Skin cells have the ability to absorb light and use it as a source of energy to fuel the repair and rejuvenation of damaged cells or neutralise bacteria. It is a natural biochemical reaction similar to that of plant photo-synthesis.

Dermalux™ Tri-wave LED Phototherapy is a non-invasive hand and facial treatment that uses narrow band, non-thermal LED light energy to trigger your body's natural cell processes to accelerate rejuvenation and repair of the skin. It combines red, blue and near infra-red light emitting diode or LED light sources.



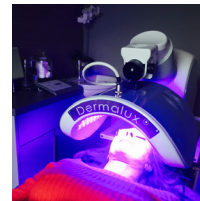
Red Light

The red light is used for the benefit of all skin types and has a rejuvenating and anti-inflammatory effect on the skin.



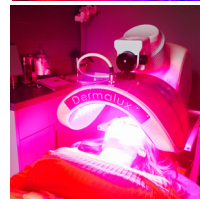
Infra-red Light

The near infra-red light is the wavelength that is most deeply absorbed by skin tissue and works well in combination with the red light to stimulate collagen, elastin and growth factors within the tissues to counteract ageing and skin damage.



Blue Light

The blue light has an anti-bacterial action which is proven to be extremely effective in the treatment of acne and assisting in the prevention further breakouts.



Combined Light

The Dermalux Triwave gives us the ability to combine different lights in the one treatment enabling us to treat more than one skin concern in a singular treatment..

Unlike sunbeds, LEDs do not contain any harmful UV wavelengths so cannot damage skin tissue; they can however stimulate hydration and blood circulation and will instantly give your skin a healthy and radiant glow following exposure during a specified treatment session.

Most commonly the treatment is used to address the signs of ageing such as lines and wrinkles, pigmentation and sun damage, as well as for bruising, burns, dermatitis, dehydrated skin, sensitive skin conditions, blemishes, open pores, psoriasis, vitiligo, fungal skin conditions, rosacea, eczema and acne.

Results can last for several months following a course of Dermalux LED phototherapy treatments. However, maintenance sessions are advised to ensure longer lasting results.

The number of treatments needed can vary with age, skin type and the condition being targeted with everything from one single treatment session to regular sessions spaced closely together, which often achieve the most optimum results.

Single Treatment	£55
Course of 4	£200
Course of 6	£270
Course of 8	£320



Dermaroller & Mesotherapy

DermaPure Roller

Stimulates collagen and elastin production through creating controlled injury to the skin. This treatment reduces fine lines and wrinkles, fades scars and stretch marks, helps heal sun damage and improves the appearance of cellulite.

x 1 x 3 x 6

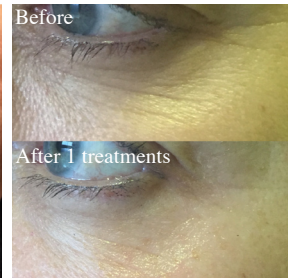
£150 £350 £650

Take up a course of 3 or 6 DermaPure Roller treatments and receive a FREE home care kit to give you even better results!

Meso Vytal

A revolutionary skin needling programme that stimulates natural collagen while also implanting a blend of Hyaluronic Acid to hydrate and rejuvenate, Vitamins, Q10 and amino acids to supply the skin with essential nutrients and peptides to interrupt wrinkle formation where its needed most (directly into the intersection between the epidermis and dermis). This treatment penetrates skin by 0.25mm and has no downtime and is practically pain free thanks to the use of plastic needles, making this less invasive than other skin needling techniques. A course is recommended for optimum results.

	x 1	x 4	x 8
Face and Neck	£80	£280	£480
Décolletage	£85	£300	£520
Hands	£40	£140	£200



After 1 treatments



Advanced Meso Vytal

Give your meso vytal treatment a boost by combining it with a cherry peel prior to the mesotherapy. The cherry peel removes devitalized skin cells meaning we get even better penetration of the meso vytal products. Skin is stimulated encouraging the synthesis of collagen which fills fine lines, acne scars and wrinkles for a more uniform, softer smoother appearance.

	x 1	x 4	x 8
Face and Neck	£100	£340	£560
Décolletage	£110	£380	£640

Meso Plus

Meso Plus takes your mesotherapy treatment to the next level! The metal needles are double the length of the meso vytal treatment at 0.5mm making this the perfect treatment for more advanced skin concerns such as deeper lines and wrinkles acne scarring and rosacea. For optimal results a course of 4 - 8 treatments are recommended once every 4 weeks. There is minimal downtime with this treatment with mild redness lasting up to 48 hours after treatment.

	x 1	x 4	x 8
Face and Neck	£110	£380	£680
Décolletage	£120	£420	£750

Advanced Meso Plus

This is the ultimate in skin needling! By combining cherry peel and following immediately after with meso plus accelerating the results of both treatments.

	x 1	x 4	x 8
Face and Neck	£120	£420	£750
Décolletage	£130	£460	£800



Semi Permanent Make Up

Also known as micropigmentation, semi permanent make up procedures have been successfully undertaken for many years by both celebrities and busy women, creating make up looks that last. Pigment is implanted into the dermal layer of the skin using a state of the art machine designed specifically for the cosmetic market. The treatment lasts around 1-2 years and are carried out in accordance with strict health and safety protocols. All treatments are carried out by Charlotte Moneypenny who has combined her two loves art and design and aesthetics. Charlotte has a degree in Product Design from prestigious art collage Central Saint Martins and has worked in the aesthetic industry since 2006.

Nano Wow Brows

This digital microblading treatment delivers very natural but more defined brows but with less trauma and better pigment retention compared to traditional microblading

£380

Brow hair simulation with powder brow

Natural looking hairstrokes with a powdered effect making them heavier than the hair simulation

£400

Eyelash definer

Pigment is implanted between the lashes to make lashes look darker and more defined

from £250

Eyeliner

Smudge proof and permanent eyeliner

from £300

Lip Definer and Full lip colour

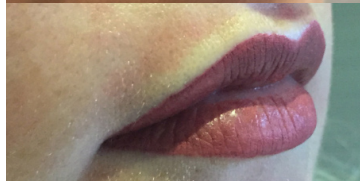
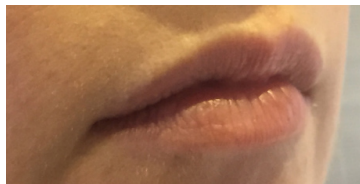
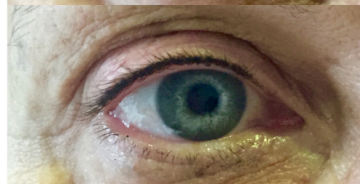
£380

Colour boost within 12 months £150

18 months £195

24 months £250

10% discount for multiple areas and 15% discount if multiple areas are carried out on the same day.



Wrinkle Relaxing Treatment

At Parfaire all our wrinkle relaxing and dermal filler treatments are carried out by Dr Rupert Critchley BM MRCGP. Dr Rupert is a practicing GP but also has his own aesthetics practices across London and in Harley Street. He has become known as 'The Aesthetic Artist', developing his own unique and conceptual techniques for dermal fillers including the groundbreaking 3D facelift. A true perfectionist with a creative eye and a gentle touch, Dr Rupert achieves excellent, natural looking results for his patients.

Consultations

FREE

Botulinum Treatment

This treatment temporarily relaxes muscles preventing the formation of wrinkles while smoothing out existing lines and wrinkles. Can be used to treat frown lines, crows feet, forehead lines and to raise mouth corners

1 area

£190

2 areas

£270

3 area

£320

Advanced Botox

Lower facial areas can also be treated to temporarily reduce lines and wrinkles to create a softer appearance, using a botulinum treatment.

Botox for square shaped jaws

£400

Gummy smile treatment

£170

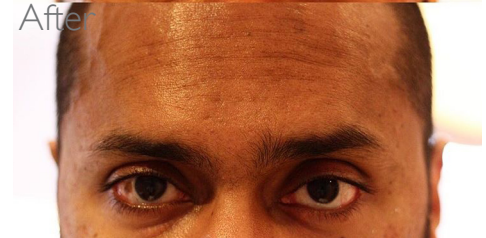
Nefertiti neck lift

£350

Hyperhydrosis

£450

Excessive perspiration in the hands, chest, armpits and feet can be treated by injecting small amounts of botulinum which blocks the action of nerves that supply the sweat glands, stopping the glands from producing sweat.



Derma Fillers

Everybody loves the feeling of looking young, but it is a sad fact of life that nobody retains their youthful features forever. But what if there was a way to stay looking young for longer? Here at Parfaire, we provide a wide range of dermal filler treatments with products designed to rejuvenate the different areas of your face and options to suit all needs.

When you visit our clinic, you will consult directly with Dr Rupert who will tailor a treatment package to suit your unique requirements. From wrinkles and deep lines to sunken cheeks, our dermal filler treatments will offset the appearance of age, skin damage and tiredness.

These incredible treatments work by smoothing out wrinkles, filling any deep lines and plumping up the skin to restore your face's youthful appearance. Here at Parfaire, we provide treatments for all areas of your face including:

- Cheeks
- Nose
- Mouth
- Lips
- Forehead

Dr Rupert's 3D Face Refresh from £350

**Juvederm 3D (24 point)
face lift and contouring** from £700

Nasolabial folds, marionettes, frown lines, chin, nose
reshaping and cheek lift

Juvederm 0.5ml £250

Juvederm 1ml £350

Hollywood Hands from £350

Lip enhancement will have your lips appearing more attractive, fuller, softer and more hydrated. It can enhance the border around the lip adding definition and/or volumisation to plump the lip. Lines above or under the lipline can also be softened and corners of the mouth can also be lifted resulting in a more cheerful look.

Lip Enhancement 0.5ml £250

Lip Enhancement 1ml £350

Ageing Lips/ smokers lines £449

Laser Treatments

At Parfaire we believe in giving our clients the best results possible, therefore only use leading equipment in the industry. We use Cynosure Elite for all our laser treatments, this is a grade 4 medical laser and not an IPL machine or Diode Laser meaning you get better results more quickly, making our Laser treatments not only more effective in terms of results, but also more cost effective over time. All our Laser treatments are carried out by our highly qualified Aestheticians who are specially trained in laser treatments on all skin types.

Laser treatment for:

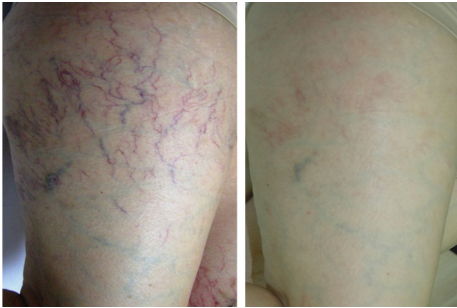
- Hair removal
- Thread veins/ Rosacea on face
- Thread veins on the body
- Pigmentation
- Anti-ageing
- Fine lines and wrinkles



Laser Treatments

Laser Vein Removal

Laser can be used to remove thread veins on the face and body. We generally recommend an average of 3 treatments.



Cost per session

From £80

Laser Photo-rejuvenation

Laser Pigmentation Treatment

Laser can treat pigmented lesions by grabbing excess pigment from the skin. Up to three treatments may be needed.

From £80

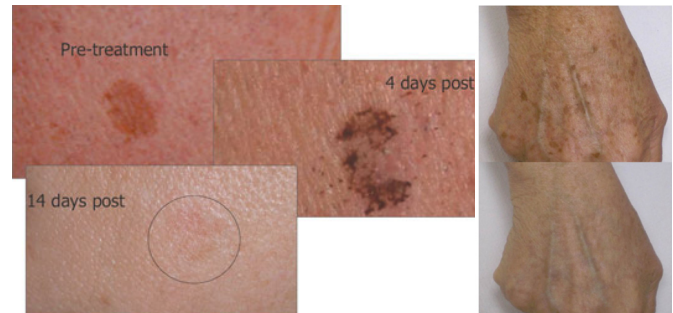
Laser Photo-rejuvenation

Collagen Boosting Laser Facial

The laser emits a low level heat over the skin to wake up the skin cells to produce more collagen, giving you a radiant healthy glow.

Laser Hand Treatment

Are your hands showing your age? This treatment will remove age spots, boost collagen and tighten skin.



Cost per session

£120

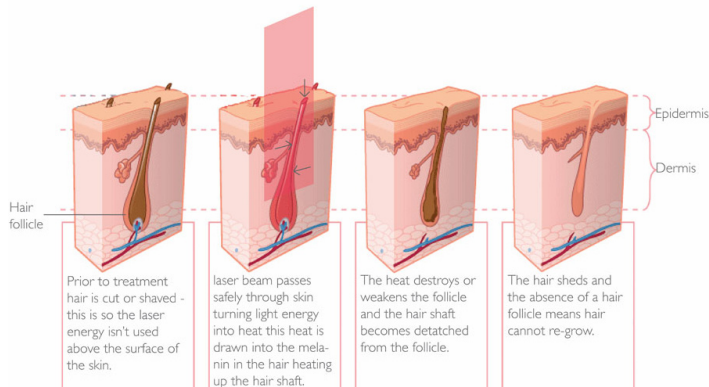
£80

Laser Hair Removal

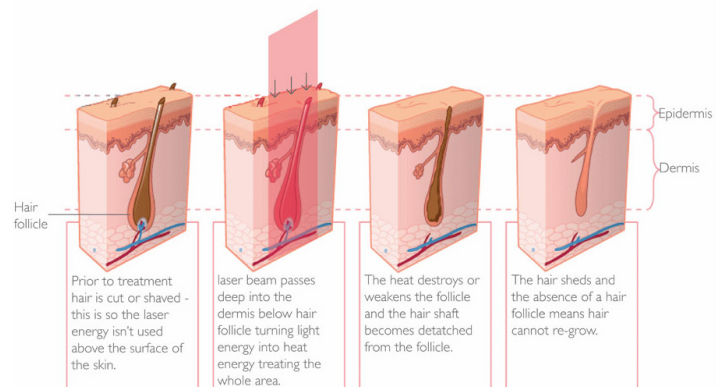
Almost everyone has unwanted hair somewhere on their body. Unfortunately, traditional hair removal routines can be tedious, painful and expensive over time. Shaving may last a day, waxing a couple of weeks but none of them last forever - and therein lies the beauty of Laser hair removal. Proven to give you 70 - 80% permanent hair reduction this treatment can be carried out on almost any part of the body and is suitable for all skin types.

Laser Hair Removal works by the laser beam passing safely through the skin targeting the melanin in the hair; it's energy is absorbed by the hair follicle and the heat created destroys the follicle preventing further growth. As only 15% of hair follicles are in the growth phase (this is the only phase the follicles can be treated) in any one treatment it is necessary to have a course of 6 - 8 treatments to get full results. During treatment you will feel cold air blowing across the skin and a flicking sensation. After treatment the skin may look red and slightly swollen, this is normal and generally disappears within 24 hours.

Alexandrite Laser

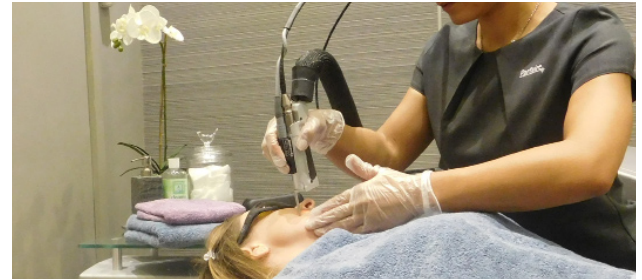


ND YAG Laser



Laser Hair Removal

Everybody is different and more importantly has different opinions on what they want from their treatment. To enable you to get exactly what you want without having to pay over the odds for extra areas all our laser hair removal treatments are priced during your free consultation and treatment is tailored to your expectations. So book your FREE consultation today for your personalised quote.



**PRICE
MATCH
PROMISE**
We guarantee the best
possible price & will
price match.

Area	Cost per session
Abdomen	£150
Abdomen (centre line only)	£60
Arms	From £120
Back	From £130
Bikini	From £110
Buttocks	£120
Centre brow	£39
Chest	£120
Chin	£65
Cheeks	£65
Earlobes	£39
Face	From £135

Female Treatments

Hands or Feet

Hairline

Jawline

Legs (lower ex knees)

Legs (including Knees)

Legs (full)

Legs (thighs)

Nipples

Neck (front or back)

Shoulders

Sideburns

Underarms

Upper lip

Upper lip and chin

Upper lip, chin and Jawline

Packages

Brazillian, underarms and lower legs

full body (2hr session)

Cost per session

From £39

£70

£80

£160

£180

£260

£190

£60

£90

£110

£75

£95

£60

£100

£130

£250

£499

We offer discount for courses please ask for current promotions.

If you recommend a friend and they take up a course of Laser Hair Removal you receive a £40 voucher to spend on any of our treatments as a Thank You from us.



Beauty Treatments

Eye Treatments

Eyebrow Shape and Groom	£8
Eyebrow Tint	£12
HD Brow by Mii	£25
HD Brow by Mii Maintenance	£20
Eyelash Tint	£15
Eyelash and Eyebrow Tint	£25

Nail Treatments

Vynlux Spa Manicure hour	£30
Vynlux All in One Manicure 45 mins	£23
Shellac All in One Manicure hour	£25
File and Polish	£17
Shellac File and Polish	£20

Eyebrow Tint



Vynlux Spa Pedicure hour 15 mins	£33
Vynlux Speedy Pedicure hour	£25
Shellac Speedy Pedicure hour	£27

Massage

Back, neck and shoulders massage

This massage will focus on the back, neck and shoulders as this is where most people carry their tension.
30 mins - £30.00

30 minute massage and express facial

Chose where you want us to focus our massage followed by an express prescriptive facial to help any skin concern.
1 hour - £65.00

Full body massage

To really make you relax and unwind
1 hour - £50.00

Full body massage and express facial

A relaxing full body massage followed by an prescriptive facial to help any skin concern.
1 hour 30 mins - £65.00

Indulgent relaxation

2 hours of pure luxury with a full body Massage and a 1 hour prescriptive facial
2 hours - £95



Parfaire

laser & skin clinic

40 High Street
Chislehurst
Kent
BR7 5AQ

Opening Hours

Tuesday 10am - 8pm
Wednesday 10am - 8pm
Thursday 10am - 8pm
Friday 10am - 6pm
Saturday 9am - 5pm

Polite Notice

Cancellations made with under 24 hours notice carry a cancellation fee of £25.
No refunds given on courses.



020 8295 2088



enquiries@parfaire.co.uk



www.parfaire.co.uk